

# Get to know your Staff

## DeKalb County American Red Cross Staff

- Executive Director - [Michelle A. Emmett, Ed. D.](#)
- Director of Emergency Services - [Dean Richardson](#)
- Asst. Director of Emergency Services - [Nancy McMenamin](#)
- Director of Health and Safety - [Melissa McAvoy](#)
- Media Relations / Development Coordinator - [Rona Hardt](#)
- Director of Volunteers - [Jean FitzPatrick](#)
- Blood Services Coordinator - [Rena Anderson](#)



American Red Cross  
DeKalb County Chapter  
2727 Sycamore Rd., Suite 2A  
DeKalb, IL 60115

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## DAT Team News

*Date: June 2010*

*Volume: #9 Issue #1*



Don & Cindy Janas—GWRRA IL District Trainers, IL  
Asst. District Directors (Also Red Cross DAT Volunteers)

### **Motorcycles are starting to appear... Why is this important to DAT?**

#### ***May is Motorcycle Awareness Month!***

#### **What did you learn?**

As you probably may know, on March 10th Don & Cindy Janas held a Motorist Awareness Seminar for the Red Cross. We had about 10 people attend this seminar. One of the attendees, Tiffany Byerly; Don's Daughter was driving to Wabunsee College several weeks ago. While on her way she spotted several motorcycles on the road. She paid particular attention to them due to the awareness class she attended.

Shortly, after noticing the bikes there was a crash. Combining her class on awareness with her class on motorcycle crash scene; she became a first responder at the accident. She pulled over, called 911 and then made sure the scene was safe and the accident victims were taken care of until help arrived

#### **M.A.D. - Saving Lives Through Awareness Education**

We commend Tiffany for her swift action taking care of the accident scene and the victims. This is just the kind of thing that can happen to all of us. You never know when you may need your training.

Don't be shy when it comes to other types of training, whether it be Red Cross first aid, Motorcycle Awareness, Driving courses for both 4 wheel vehicles or motorcycles.

Just think what the impact would have been if your loved one was one of the motorcyclists. The more people trained, the better the response time can be. That is the crucial part of any accident; reaction time and first responder help.

Keep watching our training schedules for classes you maybe interested in.

Thanks again to Tiffany for her time and effort in our training class and to all the other Red Cross Volunteers who were able to attend.

Basic Training history for Don & Cindy:

Don & Cindy are Red Cross DAT Volunteers as well as:

**Asst. District Directors State of IL**—GWRRA (30 Chapters in IL) they handle the Northern Part of IL with 15 chapters.

**District Leadership Trainers State of IL**—GWRRA (they have 20 Instructors through out the State)

**Rider Education Seminar Presenter**—GWRRA Nationwide

**Instructor Trainers**—GWRRA Nationwide

**Asst Chapter Director**—GWRRA (Cindy)

Recently:

**Don has become certified as a DAT Basic trainer Instructor.**

*Emergency Disaster Team in action*

*Join our team and help others in need.*

*Help save a life volunteer today!*

**News around the World**

**DIST Instructor’s Class**

**On Saturday & Sunday (March 27th & 28th) Don Janas took the DIST Instructor’s Certification Class at the Rockford Chapter.**

**This class was given by David Pattengale & Suzy Turnbull (Advanced Instructor Trainers) and is the class needed to teach basic Red Cross Classes.**

**The two event included topics on classroom setup, equipment setup, getting to know your students. Also, practice sessions on how to give seminars, bridging from one instructor/subject to the next.**

**Don Janas has awarded his certificate for the class and is now able to teach the Basic Classes for our Chapter volunteers.**

**American Red Cross Increases Chilean Earthquake Pledge to \$250,000**

**Tuesday, March 02, 2010** — The American Red Cross is responding to the strong 8.8 magnitude earthquake in Chile, increasing the initial pledge to \$250,000 from its International Response Fund for relief operations.



The Chilean Red Cross distributes water to survivors following Saturday's 8.8 magnitude earthquake. Courtesy of the Chilean Red Cross.

In addition, following a request for assistance for Chile, the American Red Cross is now accepting donations specifically for response and recovery in Chile. This includes Chile-designated donations through [www.redcross.org](http://www.redcross.org), through calls to 1-800-REDCROSS, and by texting “Chile” to 90999. People can also call 1-800-257-7575 to make a donation in Spanish.

The International Federation of the Red Cross on Tuesday made preliminary emergency appeal of \$6.4 million to all Red Cross and Red Crescent societies in order to assist the Chilean Red Cross. The American Red Cross is accepting donations in response to this appeal.

“Our hearts go out to the people of Chile as they cope with the immediate aftermath of this earthquake and the continuing aftershocks,” says David Meltzer, senior vice president of international services with the American Red Cross. “Thanks to the generosity of the American people, who previously donated to our International Relief Fund, we’ve been able to release an initial pledge to help the Chilean people in their hour of need and we stand ready to provide additional assistance.”

*Article taken from the National Red Cross Website, go there to read more about the efforts in Chile.*

***Be a volunteer today—Call the DeKalb County American Red Cross!***

*Help save a life volunteer  
today!*

## Computer On-Line Training!

### Tips and Tricks!

**When sending emails to multiple email address, you will expose everyone's email address in the "CC" or "To" lines.**

**One way to avoid that is by putting the multiple email address in the "BCC" line (Blind Copy) and sending the email in the "To" line to yourself.**

**Using the "BCC" line will hide all the email addresses.**

**Enjoy—Don Janas**

**Send me your favorite  
Tips and Tricks and we  
can add it here.**

Disaster On-Line Training: (Red Cross Training System)

After taking the first course for Disaster Training, I am pumped up! It was easy, informative and narrated so all I needed to do was listen. I was however, somewhat disappointed that there is no option to print out the course. This would be helpful for future reference.

No matter though, I was given the option to print out some of the forms used.

If you have not been on the training sight for the Red Cross, you need to make some time and visit. Select some courses and start today.

If you are not familiar with this let me know, maybe we can put together a small training course to use the on-line system.

Your roaming training Gnome— somewhere out there!

Don Janas



***Be a volunteer today—Call the DeKalb County American Red Cross!***

*Help save a life volunteer  
today!*

**News At DAT!**

**Just for kicks!**

**Here is a recipe you might want to try if you like spicy beef or pork.**

**Put a large 3 – 5 lb roast in a roasting pan. Add the following:**

**2 — 3 jars of peppers of your choice - I like a mild Gardinera mix.**

**Water enough to cover the up to the bottom of the roast.**

**Sprinkle in: Italian Seasoning, garlic powder or seasoning, a dash or two of Worchester sauce.**

**Additions: stuff in the roast some cloves of real garlic peeled.**

**Let cook at 350 degrees for about 4 hours or until the meat can be shredded with a fork. Shred the whole roast and serve on bread, rolls, buns whatever you fancy.**

**Enjoy—Don Janas**

**Send me your favorite recipe and we can add it here.**

**GENEROUS DAT VOLUNTEERS**

We would like to let you all know about the generous donations that two of our members have made to the comfort and safety of our DAT team and our clients. After a call out on a rainy night, drenched team members quickly realized that we have no rain gear for the team or the clients. Two of our members sprang into action and we are all well covered now!

Carol Naylor visited Blains' Farm and Fleet and purchased and donated four beautiful, yellow rain suits and jackets to keep us dry during inclement weather. Blain's generously donated a fifth suit (jacket and overalls).

Sandi Schmidt has visited several Big Lots Stores and purchased and donated several hooded rain jackets that we can give to our clients. What a wonderful, thoughtful gift we can give to people who are out in the rain, watching a fire destroy their home!

Thank you both for your generosity!!!

**First Aid and CPR Renewals:**

**Also a big note from our DAT Director—**

**If you need to update your First Aid and CPR certification renewals, please call asap to schedule your class. And part of the certification can now be completed on-line! Remember the class is FREE for our volunteer members.**

**Call Dean or Nancy for more information.**

***Be a volunteer today—Call the DeKalb County American Red Cross!***

*Help save a life volunteer  
today!*

**Our Vendors Corner**

**Vendors Listing**

**BIG THANKS TO FOOD VENDORS**

**KFC—Sycamore**

**Culvers**

**McDonald's—Sycamore  
Rd.**

**Starbucks— Sycamore Rd**

**Jewel—Sycamore Rd.**

On April 30, 2010 our DAT Team was called out to a major house fire in DeKalb. The fire department called the DeKalb County Chapter of the American Red Cross to help the people who were displaced by this fire. They also asked that we provide canteening for the many, many responders involved in handling the blaze. It was going to be a long, rainy evening and food and hot drinks would be much appreciated.

Team members started calling for help from local food vendors. As they have in the past, our local businesses answered the call with generous donations of food and coffee. We would like to thank the owners, managers and staff of these community minded businesses for their immediate and gracious response.

If you are in one of these businesses, please let them know that we appreciate their help and generosity.

**KFC – Sycamore Road**

**CULVERS**

**McDONALD'S – Sycamore Road**

**STARBUCKS – Sycamore Road**

**JEWEL – Sycamore Road**

***Be a volunteer today—Call the DeKalb County American Red Cross!***

# DeKalb County Red Cross

## DAT Team News



### DAT Team Stories

### Give Blood Give Life

#### Radio Star!

**Big thanks to Nancy McMenamin for a job well done explaining what our DAT Team does. Nancy was recently interviewed on the local radio show. She did a great job letting everyone know in very good detail what we do for the community. Great job Nancy!**

**Send your stories, thanks, articles, etc. to our newsletter editor—Don Janas [djanas3119@Comcast.net](mailto:djanas3119@Comcast.net)**

**For Blood Drive dates see calendar on back page**

#### **BLOOD DONORS ROCK!**

- Can't give blood? Organize a drive. Contact the Red Cross to find out how.
- For more information or schedule and appointment call **800-GIVELIFE** or sign up online—**[www.givelife.org](http://www.givelife.org)**.
- What's an hour worth to you?
- With an hour you can: Stand in line for rock concert tickets.
- Make Friday night plans on the phone
- Listen to a new CD or play a computer game
- Go shopping or:
- You can volunteer to give blood.

#### **Red Cross Blood Drive**

The Red Cross Blood Drive is coming to DeKalb. Stay tuned for more dates to come. DeKalb, IL. Register to donate at



*GIVE BLOOD GIVE LIFE!*

[www.givebloodgivelife.org](http://www.givebloodgivelife.org) today!

#### **News from Blood Services!**

Blood Services is getting off the ground slowly but surely. If you see a new face at the Chapter, I have a **new volunteer assistant, Joy Cochran**, who will assist me in some of the extra's we need to be prepared to offer for some of our blood drives. **Currently we have secured three blood drives in the next few months. One of these drives will be at the Chapter....July 27th from 2pm to 6pm.** I will be looking for a couple volunteers to help the day of the drive and will be asking you to help in obtaining appointments for this drive. Save this date, call your friends, offer up your arm and help save up to three lives!!

If you have any ideas or advice for me...feel free to share.

Rena Anderson

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### Calendar of Upcoming Events

#### May Events:

##### Emergency Preparedness Fair

The DeKalb County American Red Cross has a booth at the emergency preparedness fair located at the Church of Jesus Christ of Latter Day Saints from 6 - 8 p.m. at 675 Fox Ave in Sycamore IL  
Questions? email Velvette Ray at [vevearay@gmail.com](mailto:vevearay@gmail.com)

##### Red Cross Community Classes - CPR/AED and First Aid

##### **Red Cross CPR/AED – Saturday, May 22nd, 8:30 a.m. - 1:00 p.m.**

This training prepares students to respond to breathing and cardiac emergencies in adults, children and infants as well as how to apply basic precautions to reduce the risk of disease transmission during and after providing care. In addition to CPR, this course includes training to use an Automated External Defibrillator (AED). Certification is for 1 year. A course fee of \$45 is due upon registration; **call 815-756-7339 to register and arrange payment.** Classes are held at the chapter office located at 2727 Sycamore Road, Suite 2A in DeKalb.

##### **Red Cross First Aid - Saturday, May 22nd, 1:30 p.m. - 4:30 p.m.**

Learn the skills needed to prevent, recognize and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive. Basic disease transmission precautions covered. Meets OSHA First Aid Guidelines. Certification is for three years! A course fee of \$45 is due upon registration; **call 815-756-7339 to register and arrange payment.** Classes are held at the chapter office located at 2727 Sycamore Road, Suite 2A in DeKalb.

##### **June 17th, 2010—Annual Meeting & Volunteer Recognition**

Resource Band from 8:30 a.m. – 10 a.m. It is open to the public. The bank requests that anyone in attendance park on the side streets near the bank, and leave the parking lot for bank customers. Refreshments will be provided by Starbucks.

#### Red Cross New Volunteer Orientation

This one-hour orientation will give a brief history of the mission of the American Red Cross, and offer opportunities to get involved at your local chapter, including becoming a member of the Disaster Action Team (DAT), a Health and Safety Instructor, a member of the Veterans/Armed Forces Committee, a blood drive volunteer, or a member of the Special Events Committee. Potential volunteers must complete the application process and a background check before placement. Please contact chapter to reserve your spot. For more information, contact Jean FitzPatrick at 815-756-7339.

#### Malta Days Festival, DeKalb County American Red Cross Booth and Community Classes : CPR/AED and First Aid

The Red Cross will have volunteers manning the DeKalb County American Red Cross booth in "Vendor Alley" Saturday the 12th, anywhere in between 12 - 10 p.m. and Sunday the 13th from 12 - 5 p.m. Come check out Malta Days let us answer any questions you have or just say hi to our wonderful Red Cross volunteers!

#### COMMUNITY CLASSES

##### **Red Cross CPR/AED – Saturday, June 12th, 8:30 a.m. - 1:00 p.m.**

This training prepares students to respond to breathing and cardiac emergencies in adults, children and infants as well as how to apply basic precautions to reduce the risk of disease transmission during and after providing care. In addition to CPR, this course includes training to use an Automated External Defibrillator (AED). Certification is for 1 year. A course fee of \$45 is due upon registration; **call 815-756-7339 to register and arrange payment.** Classes are held at the chapter office located at 2727 Sycamore Road, Suite 2A in DeKalb.

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Learn the skills needed to prevent, recognize and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive. Basic disease transmission precautions covered. Meets OSHA First Aid Guidelines. Certification is for three years! A course fee of \$45 is due upon registration;

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Red Cross Community Classes - CPR/AED and First Aid  
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Community Classes: CPR/AED and First Aid Saturday  
June 26th

**Red Cross CPR/AED – Saturday, June 26th, 8:30 a.m. - 1:00 p.m.**

This training prepares students to respond to breathing and cardiac emergencies in adults, children and infants as well as how to apply basic precautions to reduce the risk of disease transmission during and after providing care. In addition to CPR, this course includes training to use an Automated External Defibrillator (AED). Certification is for 1 year. A course fee of \$45 is due upon registration; call **815-756-7339** to register and arrange payment. Classes are held at the chapter office located at 2727 Sycamore Road, Suite 2A in DeKalb.

**Red Cross First Aid - Saturday, June 26th, 1:30 p.m. - 4:30 p.m.**

Learn the skills needed to prevent, recognize and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive. Basic disease transmission precautions covered. Meets OSHA First Aid Guidelines. Certification is for three years! A course fee of \$45 is due upon registration; call **815-756-7339** to register and arrange payment. Classes are held at the chapter office located at 2727 Sycamore Road, Suite 2A in DeKalb.

**Red Cross Special Events Meeting - June 27th,  
7:00 p.m. in the Chapter Classroom**

### Staff Changes

- Dean Richardson - Director of Emergency Services
- Nancy McMenamin - Asst. Director of Emergency Services
- Melissa McAvoy - Director of Health & Safety
- Jean FitzPatrick - Director of Volunteers
- Renae Anderson - Blood Services Coordinator

Yes Nancy is remaining on staff - YEA! She has done such a great job and been an absolute ray of sunshine in the chapter office that we can't let her go. Nancy will continue with many of the initiatives she worked on while Dean was away, she will also assist Dean. Together they make a dynamite staff team. Other staff members were thrilled with the announcement earlier this week.