



**American  
Red Cross**  
De Kalb County Chapter

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## FOR IMMEDIATE RELEASE

### Red Cross Offers New and Improved First Aid and CPR/AED Classes

*October 12, 2010* – **Due to compassionate and community minded businesses and organizations in DeKalb, the Red Cross Chapter is able to offer new CPR and First Aid classes with state of the art materials.** On Saturday October 23<sup>rd</sup>, the Red Cross is launching its new and improved Community Classes; CPR/AED and First Aid with brand new mannequins donated through a grant from the Douglas C. & Lynn M. Roberts Foundation, and a 32” flat screen television donated by Wal-Mart in DeKalb. “It’s exciting to have the latest style of mannequins (Actars), along with a new flat screen TV for residents to learn CPR/AED and First Aid techniques,” said Michelle Emmett, Executive Director. “We are so fortunate to have people like the Roberts family, Lance Buser and Bonnie Macklin to support our chapter!”

In life and death situations, minutes matter. Administering first aid and CPR/AED during the first few minutes of a medical emergency is crucial to the survival and recovery of a victim. The DeKalb County American Red Cross will launch the new items for classes on Saturday October 23<sup>rd</sup> from 8:30 a.m. – 4:30 p.m. at the Red Cross Chapter located at 2727 Sycamore Road, Suite 2A in DeKalb. The cost is \$45.00 for each section (\$90.00 for both classes) and payment is due upon registration. For more information or to register for a class, please call the Chapter at 815-756-7339.

**Adult and Infant CPR / AED: 8:30 a.m. – 1:00 p.m. Fee: \$45 Saturday, October 23<sup>rd</sup>:** This course gives individuals the knowledge and skills necessary to provide care for breathing emergencies, perform cardiopulmonary resuscitation (CPR) and learn how to use an automated external defibrillator (AED) for victims of sudden cardiac arrest as well as how to apply basic precautions to reduce the risk of disease transmission during and after providing care. Certification for this course is for one year.

**First Aid: 1:30 p.m. – 4:30 p.m. Fee: \$45 Saturday, October 23<sup>rd</sup>:** This is a three hour class where participants learn first aid skills for burns, wounds, head, neck and back injuries, as well as heat and cold related emergencies. Participants also learn to manage sudden illnesses, stroke, seizure, bites and poisoning. The class includes a manual and meets OSHA requirements and at completion, students receive a First Aid Certification that is good for three years.

#### *New class highlights feature:*

- Experienced and newly trained instructors
- New and Improved Actar-D mannequin’s donated by the Doug and Lynn Roberts Foundation.
- Brand new knee pads for Actar use donated by the Doug and Lynn Roberts Foundation.
- 32” Flat screen T.V. donated by the DeKalb, Illinois Wal-Mart store.

*For more information, contact Rona Hardt, Media Relations/Development Coordinator, at (815) 758-1274.*

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